



Ashford Hospital Education and Parenting Classes 2019

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ashfordhospital.org.au

	2019											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Health During Pregnancy: Saturday 9.00am – 12.30pm Bookings Essential*	12	9	23		4	15	27		7	19	30	
Having and Caring for Your Baby: Option 1 – All day Saturday Saturday 9.00am – 4.00pm Bookings Essential*	5	2	2	13	11	8	6	3	14	12	9	7
	19	16	16	27	25	22	20	17		26	23	21
			30					31				
Having and Caring for Your Baby: Option 2 – 2 Evening Sessions 7.00pm – 9.30pm Bookings Essential*		4		1		17		12		14		2
		11		8		24		19		21		9
Establishing Breastfeeding: Thursday 9.00am – 11.00am Bookings Essential*	10	7	7	4	2	13	11	8	5	3	14	12
	24	21	21	18	16	27	25	22	19	17	28	
					30					31		
Dads Do Make a Difference: Thursday 7.00pm – 9.30pm Bookings Essential*	10	7	7	4	2	27	25	22	19	17	14	12
					30							
Parents & Babies Information Session: Wednesday 10.30am – 12.30pm (No Booking Required)		13	13	10	8	5	3	14	11	9	6	4
	30	27	27	24	22	19	17	28	25	23	20	
							31					
Newborn Support Drop-in Service: Friday 10.00am – 2.00pm	Every Friday 10.00am – 2.00pm (No Appointment Required)											
Newborn Support Service: Tuesday 8.30am – 3.30pm	Every Tuesday 8.00am – 3.30pm (Appointment Required)											

*Bookings are essential and classes book quickly, please complete our online bookings form on our website (www.ashfordhospital.org.au/maternity-services/maternity-education-and-parenting-classes) and we will confirm your booking via phone or email.