



# Ashford Hospital Education and Parenting Classes 2018

55 Anzac Highway, Ashford SA 5035  
 Phone 08 8375 5222 | Fax 08 8375 5854

ashfordhospital.org.au

	2018											
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>Health During Pregnancy:</b> Saturday 9.00am – 12.30pm	20		3	14	26		7	18	29		10	8
<b>Having and Caring for Your Baby:</b> <b>Option 1 – All day Saturday</b> Saturday 9.00am – 4.00pm	6	10	10	7	5	9	14	11	8	13	3	1
	27	24	24	28	19	23	28	25	22	27	17	15
<b>Having and Caring for Your Baby:</b> <b>Option 2 – 2 Evening Sessions</b> 7.00pm – 9.30pm	8		5				2					3
	15	19					9		18			10
	22	26				25			25			
<b>Establishing Breastfeeding:</b> Thursday 9.00am – 10.30am <b>OR</b> 11.00am – 12.30pm <b>[ From 12th April 9.00am – 11.00am ]</b>	4	1	1	12	10	7	5	2	13	11	8	6
	18	15	15	26	24	21	19	16	27	25	22	20
			29					30				
<b>Dads Do Make a Difference:</b> Thursday 7.00pm – 9.30pm	4	1	8	5	3	28	26	23	20	18	15	13
					31							
<b>Parents &amp; Babies Morning Tea:</b> Wednesday 10.30am – 12.30pm (No Booking Required)	17	14	14	11	9	6	4	1	12	10	7	5
	31	28	28		23	20	18	15	26	24	21	
								29				
<b>Newborn Support Drop-in Service:</b> Friday 10.00am – 2.00pm	Every Friday 10.00am – 2.00pm (No Appointment Required)											
<b>Newborn Support Service:</b> Tuesday 8.30am – 3.30pm	Every Tuesday 8.00am – 3.30pm (Appointment Required)											